



## The College of Physicians of Philadelphia

BIRTHPLACE OF AMERICAN MEDICINE<sup>SM</sup>

November 2016

From January 9-13, 2017, Pennsylvania will be celebrating the 2<sup>nd</sup> Annual Pennsylvania Teen Health Week, a joint project of the Pennsylvania Department of Health, Real Talk with Dr. Offutt LLC, and the College of Physicians of Philadelphia.

The establishment of a Teen Health Week calls upon health care and educational institutions to focus on the health needs of young people and, as a result, we are asking your organization for a donation of goods or monetary support. Your gift will help provide transportation for students to attend events, refreshments for a celebration at the Mütter Museum, and costs for spirit wear for participating students.

The purpose of Pennsylvania Teen Health Week is to provide a forum for focusing on issues vital to improving teen health including mental health, sexual health, nutrition and fitness, substance abuse, and violence prevention. These issues are extremely pressing. Everyone should know that:

- Fifteen percent of our teens report seriously considering suicide.
- Teens account for nearly half of the cases of chlamydia and gonorrhea in Pennsylvania.
- More than a quarter of our youth are overweight or obese and fewer than half of high school students report getting the recommended amount of daily physical activity.
- Nearly half of students over 12 years of age report having experimented with alcohol and a fifth of all 12th graders report using marijuana in the past month.

In exchange for your support, we will recognize your organization in printed materials, on spirit wear, and in all online promotional efforts. Participation of Pennsylvania organizations and businesses is a critical means of demonstrating to our teens that their community values their mental and physical health.

Please know that all donations made through the College of Physicians and earmarked for Pennsylvania Teen Health Week are tax-deductible.

Thank you for your consideration,

Laura A. Offutt, MD, FCPP  
Real Talk with Dr. Offutt, LLC

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